

# MyCare Ally

Smarter Healthcare  
When It Matters Most

## When getting care isn't easy, you're not on your own.

MyCare Ally is a healthcare support program that helps individuals and their immediate family members access care, navigate the system, and manage their healthcare journey with confidence.



### Access to Medical Visits

Receive virtual care from Canadian healthcare providers for diagnosis and treatment via smartphone or web app.



### Guidance Through the System

Access Health Navigators to find a family doctor, support referrals, access specialists and diagnostic imaging and be guided through appointments and next steps.



### Suspected Serious Illness Support

Get expedited diagnosis assistance and medical second opinions if placed on a waitlist of 60 days or more for a suspected serious medical concern.

**Learn how MyCare Ally can support you and your family when access to care isn't easy.**

Visit [mycare.ca](https://mycare.ca) or speak with your advisor to learn more.